

# Monday Morning

**Count:** 64    **Wall:** 0    **Level:** Beginner

**Choreographer:** Raymond Sarlemijn – November 2019

**Music:** Melanie Fiona - Monday Morning



## **Step diagonal forward, touch, repeat 4x**

- 1                    rf step diagonal forward
- 2                    lf touches rf
- 3                    lf step diagonal forward
- 4                    rf touches lf
- 5                    rf step diagonal forward
- 6                    lf touches rf
- 7                    lf step diagonal forward
- 8                    rf touches lf

## **Step diagonal backwards clap, repeat 4x**

- 1                    rf step diagonal backwards
- 2                    lf touches rf while doing this clap both hands
- 3                    lf step diagonal backwards
- 4                    rf touches lf while doing this clap both hands
- 5                    rf step diagonal backwards
- 6                    lf touches rf while doing this clap both hands
- 7                    lf step diagonal backwards
- 8                    rf touches lf while doing this clap both hands

## **Too step, too step, repeat 2 x**

- 1                    rf too right
- 2                    rf step on spot
- 3                    lf crosses forward rf, lf on too
- 4                    lf step on spot
- 5                    rf too right
- 6                    rf step on spot
- 7                    lf crosses forward rf, lf on too
- 8                    lf step on spot

## **Hip right, hold, hip left, hold, hip right, hip left, weight change**

- 1                    rf right, stand in hip
- 2                    hold
- 3                    lf left, stand in hip
- 4                    hold
- 6                    hip right, stand in hip
- 6                    hold
- 7                    hip left
- 8                    hold

## **Too step, too step, repeat 2 x**

- 1                    rtoo crosses forward lf
- 2                    rtoo step on spot
- 3                    ltoo left

- 4 ltoo step on spot
- 5 rtoo crosses forward lf
- 6 rtoo step on spot
- 7 ltoo left
- 8 hold

**Hip right, hold, hip left hold, hip, right, hold, hip left, hold**

- 1 lf step left, stand in hip
- 2 hold
- 3 rf right, stand in hip
- 4 hold
- 5 hip left
- 6 hip right
- 7 hip left
- 8 hip right
- & weight change left

**Grapevine right, grapevine left  $\frac{1}{4}$  left, brush**

- 1 rf right
- 2 lf crosses behind rf
- 3 rf right
- 4 lf touches rf
- 5 lf left
- 6 rf crosses behind lf
- 7  $\frac{1}{4}$  turn left, lf step forward
- 8 rf brushes forward

**Rock forward, rock back, v step**

- 1 rf step forward
- 2 recover weight to lf
- 3 rf step backwards
- 4 recover weight lf
- 5 rf step diagonal forward
- 6 lf step diagonal forward
- 7 rf step back
- 8 lf closes rf