



## Shakin' My Head

Choreographed by Guyton Mundy & Chris 'Humbug' Atkinson

**Description** Phrased, 2 wall, intermediate line dance

**Music** Shakin' My Head by Detail Feat. Flo Rida (120 bpm)

**Sequence** 8-count intro, AA BB AA BB Tag AB BA

### • PART A •

#### KICK CROSS, BACK TOGETHER, KICK STEP ROCK/RECOVER, CROSS, BACK BALL CROSS, SIDE

- 1&2 Kick right forward, cross right over, step left back
- &3& Step right together, kick left forward, step left together
- 4& Rock right back, recover to left
- 5-6 Cross right over, step left back
- &7-8 Step right side, cross left over, step right side

#### TOE HEEL WALK IN, COASTER, STEP, $\frac{1}{4}$ ROCK RECOVER CROSS, $\frac{1}{4}$

- 1&2 Swivel left toe in, swivel left heel in, swivel left toe in
- 3&4 Left coaster step
- 5 Step right forward
- 6&7 Turn  $\frac{1}{4}$  right and rock left side, recover to right, cross left over
- 8 Turn  $\frac{1}{4}$  left and step right back

#### $\frac{1}{2}$ , OUT, OUT, ARM HITS WITH $\frac{1}{4}$ TURN, ARMS HITS

- &1-2 Turn  $\frac{1}{2}$  left and step left forward, step right side, step left side (toe turned out, body turned  $\frac{1}{4}$  to left)
- 3 Hold (bring hands up in front of chest with fists touching together, knuckle-to-knuckle)
- & Hold (turn  $\frac{1}{4}$  right with upper body as you drop right elbow and lift left elbow and lifting left heel to pop left knee up slightly)
- 4 Hold (lower left heel as you turn body back to front and bring elbows back to the starting position)
- 5 Hold (turn upper body  $\frac{1}{4}$  right as you bring hands around in a circle to the right)
- 6 Hold (bringing hands into chest)
- 7 Rock left side (push hands down towards right thigh)
- 8 Recover to right (bring hands back up)

#### CROSS, BACK WITH $\frac{1}{4}$ , SIDE CROSS, ROCK RECOVER, BALL ROCK, RECOVER, BALL SIDE

- 1-2 Cross left over, turn  $\frac{1}{4}$  left and step right back
- &3-4 Step left side, cross right over, rock left side
- 5&6 Recover to right, step left together, rock right side
- 7&8 Recover to left, step right together, step left side

### • PART B •

**BACK WITH HEAD NOD WITH  $\frac{1}{2}$  TURN, PRESS/RECOVER, COASTER CROSS**

- 1234 Step right back, swivel turn  $\frac{1}{2}$  right over 3 counts (nod head 4 times to the right as you turn)
- 5-6 Rock right forward, recover to left
- 7&8 Step right back, step left together, turn  $\frac{1}{4}$  right and cross right over (body turned to left diagonal)

**PIMP WALKS, ROCK/RECOVER,  $\frac{1}{2}$   $\frac{1}{2}$** 

- 1-4 Step left side, cross right over, step left side, cross right over
- 5-6 Turn  $\frac{1}{4}$  left and rock left forward, recover to right
- 7-8 Turn  $\frac{1}{2}$  left and step left forward, turn  $\frac{1}{2}$  left and step right back

**SHOULDER ROCKS, BALL STEP BACK WITH BODY ROLL TWICE**

- 1-2 Hold for 2 counts (with upper body still angled to the right, rock shoulders forward, rock shoulders back)
- 3-4 Hold for 2 counts (with upper body still angled to the right, rock shoulders forward, rock shoulders back)
- &5-6 Step left together, step right back, hold (body roll back)
- &7-8 Step left together, step right back, hold (body roll back)

**BACK HOLD, BACK HOLD, COASTER, WALK TWICE**

- 1-2 Step left back, hold
- 3-4 Step right back, hold
- 5&6 Left coaster step
- 7-8 Step right forward, step left forward

**• TAG •**

*Walk a full circle to the left over 8 counts*

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Use barcode scanner  
on phone/tablet to  
view dance video at



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