



## Shakin' My Head

Choreographed by Guyton Mundy & Chris 'Humbug' Atkinson

**Description** Phrased, 2 wall, intermediate line dance

**Music** **Shakin' My Head** by Detail Feat. Flo Rida (120 bpm)

**Sequence** 8-count intro, AA BB AA BB Tag AB BA

### • PART A •

#### **KICK CROSS, BACK TOGETHER, KICK STEP ROCK/RECOVER, CROSS, BACK BALL CROSS, SIDE**

- 1&2 Kick right forward, cross right over, step left back  
 &3& Step right together, kick left forward, step left together  
 4& Rock right back, recover to left  
 5-6 Cross right over, step left back  
 &7-8 Step right side, cross left over, step right side

#### **TOE HEEL WALK IN, COASTER, STEP, ¼ ROCK RECOVER CROSS, ¼**

- 1&2 Swivel left toe in, swivel left heel in, swivel left toe in  
 3&4 Left coaster step  
 5 Step right forward  
 6&7 Turn ¼ right and rock left side, recover to right, cross left over  
 8 Turn ¼ left and step right back

#### **½, OUT, OUT, ARM HITS WITH ¼ TURN, ARMS HITS**

- &1-2 Turn ½ left and step left forward, step right side, step left side (toe turned out, body turned ¼ to left)  
 3 Hold (bring hands up in front of chest with fists touching together, knuckle-to-knuckle)  
 & Hold (turn ¼ right with upper body as you drop right elbow and lift left elbow and lifting left heel to pop left knee up slightly)  
 4 Hold (lower left heel as you turn body back to front and bring elbows back to the starting position)  
 5 Hold (turn upper body ¼ right as you bring hands around in a circle to the right)  
 6 Hold (bringing hands into chest)  
 7 Rock left side (push hands down towards right thigh)  
 8 Recover to right (bring hands back up)

#### **CROSS, BACK WITH ¼, SIDE CROSS, ROCK RECOVER, BALL ROCK, RECOVER, BALL SIDE**

- 1-2 Cross left over, turn ¼ left and step right back  
 &3-4 Step left side, cross right over, rock left side  
 5&6 Recover to right, step left together, rock right side  
 7&8 Recover to left, step right together, step left side

### • PART B •

**BACK WITH HEAD NOD WITH ½ TURN, PRESS/RECOVER, COASTER CROSS**

- 1234 Step right back, swivel turn ½ right over 3 counts (nod head 4 times to the right as you turn)
- 5-6 Rock right forward, recover to left
- 7&8 Step right back, step left together, turn ¼ right and cross right over (body turned to left diagonal)

**PIMP WALKS, ROCK/RECOVER, ½ ½**

- 1-4 Step left side, cross right over, step left side, cross right over
- 5-6 Turn ¼ left and rock left forward, recover to right
- 7-8 Turn ½ left and step left forward, turn ½ left and step right back

**SHOULDER ROCKS, BALL STEP BACK WITH BODY ROLL TWICE**

- 1-2 Hold for 2 counts (with upper body still angled to the right, rock shoulders forward, rock shoulders back)
- 3-4 Hold for 2 counts (with upper body still angled to the right, rock shoulders forward, rock shoulders back)
- &5-6 Step left together, step right back, hold (body roll back)
- &7-8 Step left together, step right back, hold (body roll back)

**BACK HOLD, BACK HOLD, COASTER, WALK TWICE**

- 1-2 Step left back, hold
- 3-4 Step right back, hold
- 5&6 Left coaster step
- 7-8 Step right forward, step left forward

• TAG •

*Walk a full circle to the left over 8 counts*

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Use barcode scanner  
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view dance video at



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