



## Dig Your Heels

Choreographed by Maddison Glover

**Description** Phrased, 4 wall, intermediate line dance  
**Music** *Here's To You & I* by McClymonts  
**Sequence** 16-count intro, A, B, AAAA, B, AAA, Tag, Tag&, AA, Tag

### • PART A •

#### ***KICK FRONT, SIDE, SAILOR, KICK FRONT, SIDE, 1/4 COASTER***

1-2-3&4 Kick right forward, kick right side, right sailor step  
 5-6-7&8 Kick left forward, kick left side, step left back, turn 1/4 left and step right together, step left forward (9:00)

#### ***SHUFFLE FORWARD TWICE, ROCK/REPLACE, FULL TURN TRAVELING BACK***

1&2-3&4 Chassé forward right-left-right, chassé forward left-right-left  
 5-6-7-8 Rock right forward, recover to left, turn 1/2 right and step right forward, turn 1/2 right and step left back (9:00)

#### ***1/4 SIDE SHUFFLE, CROSS, BACK, SIDE SHUFFLE BACK ON DIAGONAL, CROSS, SIDE***

1&2 Turn 1/4 right and chassé side right-left-right (angle body right) (12:00)  
 3-4 Cross left over, step right diagonally back  
 5&6 Turn 1/8 left and chassé side left-right-left (10:30)  
 7-8 Cross right over, turn 1/8 right and step left side (12:00)

#### ***SAILOR, TURNING COASTER, POINT FORWARD, 1/2 FLICK, WALK FORWARD TWICE***

1&2 Right sailor step  
 3&4 Step left back, turn 1/4 left and step right together, step left forward (9:00)  
 5-6 Touch right forward, turn 1/2 left and flick right back (3:00)  
 7-8 Step right forward, step left forward

### • PART B •

#### ***FORWARD (SWEEP), FRONT, SIDE, BEHIND (SWEEP), BEHIND, SIDE, CROSS, SIDE, ROCK, CROSS, 1/2 TURN***

1-2& Step right forward, sweep/cross left over, step right side  
 3-4& Cross left behind, sweep/cross right behind, step left side  
 5-6& Cross right over, rock left side, recover to right  
 7-8& Cross left over, turn 1/4 left and step right back, turn 1/4 left and step left side (9:00)

#### ***FORWARD (SWEEP), FRONT, SIDE, BEHIND (SWEEP), BEHIND, SIDE, CROSS, SIDE, ROCK, CROSS, 1/2 TURN***

1-2& Step right forward, sweep/cross left over, step right side  
 3-4& Cross left behind, sweep/cross right behind, step left side  
 5-6& Cross right over, rock left side, recover to right  
 7-8& Cross left over, turn 1/4 left and step right back, turn 1/4 left and step left side (3:00)

#### ***CROSS, BACK, SIDE, HOP FORWARD***

1-2 Cross right over, step left back  
 3-4 Step right side, hop both feet forward

### • TAG •

#### ***HEEL, HITCH, HEEL, TOGETHER, HEEL, HITCH, HEEL, TOGETHER, 1/2 TURN WALK AROUND***

1&2& Touch right heel forward, hitch right, touch right heel forward, step right together  
 3&4& Touch left heel forward, hitch left, touch left heel forward, step left together

#### ***Clap on each step on counts 5-8***

5-8 Turn 1/8 left and step left forward, turn 1/4 left and step right forward, turn 1/4 left and step left forward, turn 1/8 left and step right forward (6:00)

**BOX STEP, TRAVELING DWIGHT SWIVELS**

- 1-4 Cross right over, step left back, step right side, cross left over
- 5-6 Swivel left heel in and touch right together (toe turned in), swivel left toe in and touch right heel diagonally forward
- 7-8 Swivel left heel in and touch right together (toe turned in), swivel left toe in and touch right heel diagonally forward

***Option for 5-8: step right side, step left together, step right side, step left together***

***When completing the tag for the second time, repeat counts 5-8 for an extra 4 counts***

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Use barcode scanner  
on phone/tablet to  
view dance video at



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